

To Schedule an Appointment
Call 541-282-3456

Office Address:
325 Sheridan St., Ashland, OR 97520

Coming from the North or South on I-5:

- Take I-5 Exit #19
- At the top of the ramp, turn West onto Valley View Road.
- At the first traffic light, turn left onto Highway 99.
- Go approximately one mile.
- Turn right (uphill) onto Sheridan Street. Sheridan is the next street after Schofield Street. If you reach the traffic light at Grant St., you've gone one block too far.
- A Balanced Body is after the 4th house on the right, up Sheridan from the corner.
- Turn Right at the hand-painted "311" sign.
- It is the 2-story grey building, #325. Park in front of the white double garage doors.



Dennis Specht, LMT #7838

325 Sheridan St.

Ashland, Oregon 97520

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