



DOES MY PRACTICE ACCEPT INSURANCE CLIENTS?

Because many insurance plans change from year to year, massage colleges do not prepare Licensed Massage Therapists to answer specific questions regarding a plan's eligibility.

So, it's up to the consumer to call their insurance companies 'Consumer Relations Department' (the number is usually found on the back of your Insurance I.D. Card) and ask them approximately 1 to 4 questions:

- 1- **“Does my Insurance Plan pay for Therapeutic Massage?”**
IF THE ANSWER IS **NO**, then you're probably NOT covered with your current plan.

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- 2- IF THE ANSWER IS **YES**, then the next question we'll BOTH need answered is:
“Do I need to be referred?”
- 3- If so, **“WHO does the referral need to come from?”** (usually a Dr. or a Chiropractor?),
If you need a referral, **it has to be in writing on the Dr.'s letterhead, and it has to include the 'ICD9 Code' (for diagnosis and billing purposes) and you must bring a copy of it to me, on your first appointment.**
- 4- **“What type of documentation is required for reimbursement or will my Insurance Company accept my therapist's receipt for reimbursement?”**

By your providing me with this information and the required written referral, if necessary, you will have the best chance of complying with your Insurance Plan's requirements and then being reimbursed from them for your therapeutic massage sessions.

As a courtesy to my clients, I am happy to provide the Receipt and/or Treatment Notes and Billing Forms necessary to submit to your insurance company. Then your insurance company can either reimburse you directly or send payment to me and I will reimburse you.

Payment to me, by cash or check, is due at the time of your appointment.