



DOES MY PRACTICE ACCEPT INSURANCE CLIENTS?

Because many insurance plans change from year to year, massage colleges do not prepare Licensed Massage Therapists to answer specific questions regarding a plan's eligibility.

So, it's up to the consumer to call their insurance companies 'Consumer Relations Department' (the number is usually found on the back of your Insurance I.D. Card) and ask them approximately 1 to 4 questions:

- 1- **“Does my Insurance Plan pay for Therapeutic Massage?”**
IF THE ANSWER IS **NO**, then you're probably NOT covered with your current plan.

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- 2- IF THE ANSWER IS **YES**, then the next question we'll BOTH need answered is:
“Do I need to be referred?”
- 3- If so, **“WHO does the referral need to come from?”** (usually a Dr. or a Chiropractor?),
If you need a referral, **it has to be in writing on the Dr.'s letterhead, and it has to include the 'ICD9 Code'** (for diagnosis and billing purposes) and you must bring a copy of it to me, on your first appointment.
- 4- **“What type of documentation is required for reimbursement or will my Insurance Company accept my therapist's receipt for reimbursement?”**

By your providing me with this information and the required written referral, if necessary, you will have the best chance of complying with your Insurance Plan's requirements and then being reimbursed from them for your therapeutic massage sessions. As a consumer of insurance, your relationship is between you and your insurance company. As a courtesy to my clients, I am happy to provide you with the necessary Receipt or Treatment Notes and Billing Forms for you to submit to your insurance company.

Payment to me, by cash or check, is due at the time of your appointment.